## Immersive sessions



02

## Describe your landscape

Summary: **Using all your senses, describe a spot you have visited** Possible configurations: **Alone or in groups with a game master** 

Senses mobilised: **All** Duration: **5 minutes** 

Associated SPOT programmes: Phénoclim, From spawn to frog, Snow cover,

Striking colours, Salute the tres

Once you have arrived at the location of your choice, for example near a spot

- Use all your senses in turn to discover and describe this spot
- Take the time to feel the place by smelling, observing, listening and why not tasting if you are surrounded by blueberries (or other edible berries/fruits) in order to bring out the specificities of this place
- You can write down your discoveries in comments on the page of this spot
- Continue by carrying out a protocol of your choice from those indicated

The aim of this activity is to become aware of the particularity of each place, each environment, each habitat, but also to realise what they all have in common. With practice, you will realise that a certain type of plant is often found in a certain habitat,

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